



SCHOOL HOUSE NEWS FLASH



February 2025

LOOK WHAT WE HAVE BEEN DOING...

In the Lambs' room, the children enjoyed exploring different fruits and vegetables as part of Healthy Eating Week. We set up a small farm tray, where they had fun playing in mud and singing a personalised version of Old MacDonald Had a Farm using the children's names. The children eagerly waited for their turn to be sung about.

They made their own ice lollies using blueberries, bananas, mango, and apple blended with natural yoghurt. The children also explored different vegetables, which they cut up to examine further. They mashed avocados with their hands and tasted them—though avocado was not a favourite!

In the Ducklings room, the children picked various fruits and vegetables from their small-world tray, linked to Old MacDonald's Farm. They spent time washing the produce in the water tray, cutting it up to see the inside, and tasting it during snack time.

The children also enjoyed making and tasting avocado on toast, mini pizza crackers, and cucumber caterpillars, inspired by the book *The Very Hungry Caterpillar*. Cutting their own fruits throughout the week helped develop their hand-eye coordination and grip strength.

In the Farmers room, the children connected Healthy Eating Week to the story *The Tiger Who Came to Tea*. They role-played the story, discussing the foods the tiger ate and sharing their own favourite meals. The children made beans and cheese toasties and created pizzas with various toppings.

They had a special cooking lesson with Marianna, the nursery cook. The children chopped cauliflower and potatoes, arranging them on trays to make cauliflower and cheese bake for tea, which they thoroughly enjoyed. They also made yoghurt bars for snack, using natural yoghurt and fruits such as raspberries and mango, which served as a healthy dessert.

In the Explorers room, learning activities were linked to the story *I Ate a Rainbow*. The children explored the importance of healthy eating and discussed ways to add vegetables to their favourite foods. They added peppers to the pizzas they made and helped Marianna prepare leek and potato soup for tea.

The children were excited to try the soup they had made. They enjoyed cutting the vegetables and discussing the cooking process. They also made pepper soup, exploring the different textures of cooked and uncooked vegetables.

To further develop their cooking skills, the children made hummus for snack time. They examined the chickpeas before blending and talked about kitchen safety and the use of different equipment. The children particularly enjoyed pressing down on the blender lid and screaming to match the noise!

WHAT WE WILL BE DOING NEXT...

We will be learning about Ramadan and understanding why some of our families fast for a month. This will be linked to learning about kindness and helping others.

KEY WORKER SESSIONS AVAILABLE

If you would like a meeting with your child's key worker for an update on their development, please let us know by emailing the nursery.



Thank you to everyone who completed the survey. We really appreciate you taking the time to share your feedback, helping us recognise our strengths and identify areas for improvement as we make positive changes moving forward.

Dates for the Diary:

11TH FEBRUARY – SAFER INTERNET DAY

14TH FEBRUARY – VALENTINES DAY

Play and stay on Saturday 15th February – 10am – 12pm.

17TH – 21ST FEBRUARY – HALF TERM

17TH FEBRUARY – NATIONAL ACTS OF KINDNESS DAY

21ST FEBRUARY – INTERNATIONAL LANGUAGE DAY

We will be learning about all the different language our children and families speak.

PARENT REMINDER – FRIDAY 4TH APRIL

NURSERY CLOSED FOR STAFF TRAINING DAY



Our Contact Details are as follows:-

Tel – 0161 653 1996 - Email: ffn10@fisherfeldchildcare.co.uk

Or keep in touch with iConnect/ParentZone, please ask a member of staff if you need help