



# THE GABLES

## NEWS FLASH



**February 2025**

### LOOK WHAT WE HAVE BEEN DOING...

As a setting, we have had a lot of fun learning about healthy eating.

The children took part in a range of activities such as making a healthy eating rainbow and bringing different fruits and vegetables into the nursery to make homemade lemonade, soup, and fruit salad. They also engaged in games where they organised and categorised different foods into 'healthy' and 'unhealthy' groups.

We focused on two new books, Handa's Surprise and This is How We Keep Healthy, which we linked to activities and mealtimes. The children made their own fruit kebabs, enjoyed baking cakes with the nursery cook, Yvonne, and had lots of fun exploring a sensory vegetable patch. They also participated in fruit printing and fruit tasting activities.

Thank you to our lovely parents who attended our toileting class - we hope the information and tips shared will be helpful when supporting your child with toileting. If there are any classes you would like us to offer in both Little Lambs and Farmers, please speak to a member of staff.

If you would like to book an individual catch-up with your child's keyworker, please email us, and we will arrange this for you.

### WHAT WE WILL BE DOING NEXT...

We will be introducing the children to Ramadan, which starts at the end of the month, and learning about why some of our families will be fasting during this time.

We will also be learning about internet safety, linking it to National Internet Safety Week starting the week commencing 10th February.

Thank you to everyone who completed the survey. We really appreciate you taking the time to share your feedback, helping us recognise our strengths and identify areas for improvement as we make positive changes moving forward.



### Dates for the Diary:

**MONDAY 10TH FEBRUARY – KEYWORKER SESSION WITH AIMEE S**  
9:30am-10:15am

**WEDNESDAY 12TH FEBRUARY- KEY-WORKER SESSION WITH LAUREN**  
3:00pm – 3:45pm

**FRIDAY 14TH FEBRUARY – KEYWORKER SESSION WITH AIMIE C**  
9:30am-10:15am

**FRIDAY 14TH FEBRUARY – VALENTINES SPA DAY AT NURSERY**  
Come dressed in your comfy clothes ready for a day of relaxation!

**THURSDAY 20TH FEBRUARY – LOVE YOUR PET DAY**  
A day to celebrate our special furry friends – more information to follow

Our Contact Details are as follows:-

Tel – 01706 352000 - Email: [ffn3@fisherfeldchildcare.co.uk](mailto:ffn3@fisherfeldchildcare.co.uk)

Or keep in touch with iConnect/ParentZone, please ask a member of staff if you need help

