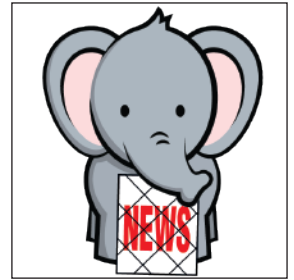




EDINBURGH WAY

NEWS FLASH



February 2025

LOOK WHAT WE HAVE BEEN DOING...

In the Farmers' room, we started the month exploring friendships and learning all about kindness. The children participated in daily team-building activities, developing new communication skills and gaining confidence in new situations. We discussed what makes a good friend and worked as a team to create a large kindness quilt, with each child individually contributing a patch. The children also created their own rock pals and made positive postcards.

We then moved on to learning about healthy eating and balanced diets. The children enjoyed trying new foods and making chapattis and pizzas from scratch. This led to an exploration of our bodies, where the children learned fascinating facts about the heart, brain, liver, kidneys, and intestines. They explored a life-sized stomach, created their own lungs, and role-played as dentists and doctors.

The Ducklings carried out lots of fun and exciting activities based on *Goldilocks and the Three Bears*. While exploring the book, we discussed topics such as stranger danger and the importance of healthy eating. The children were also introduced to new descriptive words. We used this book to support the Ducklings' mathematics skills, including size comparison and counting.

To reinforce healthy eating, we made porridge, banana snack bites, and fruit salads. Moving forward, we will be creating new healthy meals or snacks with the Ducklings each week. We will also be reviewing the nursery food menus. If you have any meals you would like us to incorporate, please let us know.

The Little Lambs had lots of fun participating in healthy eating activities. The children explored *The Very Hungry Caterpillar* story and tasted the fruits and vegetables mentioned in the book. They engaged in fruit printing and created their own caterpillars from junk modelling, which they fed healthy snacks. The children also participated in yoga, mindfulness activities, and bubble play.

WHAT WE WILL BE DOING NEXT...

We will continue learning how to keep ourselves safe when using technology at home and introducing Ramadan to the children as it starts this month. We will also explore emotions and self-love, linking these themes with Valentine's Day.

PLEASE NOTE:

If anyone would like to book an individual catch-up with their child's key worker, please email us, and we will be happy to arrange a date and time that suits everyone.

Question of the Month:

Do you understand what we mean by school readiness?



Thank you to everyone who completed the survey. We really appreciate you taking the time to share your feedback, helping us recognise our strengths and identify areas for improvement as we make positive changes moving forward.

DATES FOR DIARY

1ST – 4TH FEBRUARY – NATIONAL STORY TELLING WEEK

Please send pictures in from home reading to your child

3RD – 9TH FEBRUARY – CHILDREN'S MENTAL HEALTH WEEK

Lots of mindfulness activities to take place in nursery

11TH FEBRUARY – SAFER INTERNET DAY

FRIDAY 14TH FEBRUARY – VALENTINES DAY

Pamper day in nursery - stay and play sessions to be confirmed

MONDAY 17TH FEBRUARY – RANDOM ACTS OF KINDNESS DAY

FEBRUARY HALF TERM – 17TH – 21ST – NURSERY CLOSED FOR TERM TIME CHILDREN

FRIDAY 4TH APRIL – NURSERY WILL BE CLOSED

Annual company training day

Our Contact Details are as follows:-

Tel - 01706 654000 - Email: ffn2@fisherfeldchildcare.co.uk

Or keep in touch with iConnect/ParentZone, please ask a member of staff if you need help

